

Southern Foothills Area of Narcotics Anonymous

Legend:

OD-Open Discussion Meeting BS-Book Study
 BM-Beginners Meeting CM-Candlelight Meeting
 LS- Literature Study TD-Topic Discussion Meeting
 MW- Mens, Womens Rap S-Speaker Meeting
 IP-Information Pamphlet M-Meditation
 SS-Step Study STS-Step/Tradition Study

SUNDAY

2:00p.m. STEPPING TO RECOVERY (STS)

Temple Baptist Church
 800 Littlejohn St
 Gastonia, NC

7:00 p.m. BEATEN PATH (BS)

Christ United Methodist Church
 3415 Union Road
 Gastonia, NC

MONDAY

6:30 p.m. COURAGE TO CHANGE (OB, BS)

Catawba Heights Baptist Church
 311 Belmont Road
 Belmont, NC

**7:00 p.m. NOT ANYMORE (1st & 3rd LS)
 (2nd & 4th OD)**

Serenity Club
 109 Bethlehem Rd.
 Kings Mountain, NC

7:00 p.m. POSITIVE CONNECTIONS (TD)

Saint Stephens Zion Church At Unity Place
 201 W. Franklin Blvd.
 Gastonia, NC

8:00 p.m. NEVER TOO LATE (BS)

Wells Springs United Methodist Church
 Wells Springs Drive (across from Catholic Church)
 Forest City, NC

TUESDAY

12:00 Noon ADDICTS "R" US (OD)

Holy Trinity Lutheran Church
 805 South York St
 Gastonia, NC

12:00 Noon LEARNING TO LIVE (OD)

First United Methodist Church/Family Life Ctr. Bldg.
 109 E Franklin Blvd.
 Gastonia, NC

6:00 p.m. JUST FOR TODAY (BS)

All Saints Episcopal Church
 1201 S. New Hope Road
 Gastonia, NC

6:30p.m. Alive by Grace (OD)

Aldersgate United Methodist Church
 1207 W Dixon Blvd.
 Shelby, NC

8:00 p.m. ROAD TO RECOVERY (M)

Cramer Memorial United Methodist Church
 154 North Main Street
 Cramerton, NC

8:00 p.m. NEVER TOO LATE (OD)

Wells Springs United Methodist Church
 Wells Springs Drive (across from Catholic Church)
 Forest City, NC

WEDNESDAY

7:00 p.m. POSITIVE CONNECTIONS (BS)

Saint Stephens Zion Church At Unity Place
 201 W. Franklin Blvd.
 Gastonia, NC

7:00 p.m. NOT ANYMORE (OD)

Serenity Club
 109 Bethlehem Rd.
 Kings Mountain, NC

7:30 p.m. BACK TO BASICS (LS)

First Presbyterian Church of Belmont
 South Central Ave.
 Belmont, NC

8:00p.m. NEVER TOO LATE

First Presbyterian Church
 438 West Main St
 Forest City, NC

THURSDAY

12:00 Noon ADDICTS "R" US (BS)

Holy Trinity Lutheran Church
 805 South York St
 Gastonia, NC

12:00 Noon LEARNING TO LIVE (OD)

First United Methodist Church/Family Life Ctr. Bldg.
 109 E Franklin Blvd.
 Gastonia, NC

6:00 p.m. JUST FOR TODAY (BS)

All Saints Episcopal Church
 1201 S. New Hope Road
 Gastonia, NC

7:30 p.m. CLEAN AND SERENE (OD, BS)

Myers Memorial Methodist Church
 301 South New Hope Rd.
 Gastonia, NC

8:00 p.m. Principles Before Personalities (OD, S)

Holy Cross Lutheran Church
 2639 Hwy 150 East
 Lincolnton, North Carolina

8:00 p.m. NEVER TOO LATE (OD)

Bethel Baptist Church
 Hwy 74 Business
 Ellenboro, NC

FRIDAY

6:00 p.m. AGAPE (M, IP) (TD)

Saint Marks Methodist Church
 South Main St.
 Belmont, NC

7:00 p.m. POSITIVE CONNECTIONS (CM, OD)

Saint Stephens Zion Church At Unity Place
 201 W. Franklin Blvd.
 Gastonia, NC

**8:00 p.m. NOT ANYMORE (OD)
 (Last Friday 2hr Birthday
 Celebration/Speaker
 Meeting)**

Serenity Club
 109 Bethlehem Rd.
 Kings Mountain, NC

SATURDAY

**12:00 Noon ADDICTS "R" US (OD, BS, MS)
 (S-5th)**

Holy Trinity Lutheran Church
 805 South York St
 Gastonia, NC

6:00 p.m. JUST FOR TODAY (BS, S-2nd)

All Saints Episcopal Church
 1201 S. New Hope Road
 Gastonia, NC

9:00 p.m. AGAPE (TD, CM)

Saint Marks Methodist Church
 South Main St.
 Belmont, NC



For updated meetings:
Call 1-866-997-9559 or visit www.sfana.com

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered on drugs in one form or another-the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a non-profit fellowship or society of men & women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only "one" requirement for member-ship, the desire to stop using.

SFANA SERVICE COMMITTEE MEETINGS

Serenity Club King Mountain, NC (Monthly)

ASC (Area Service Committee)

3rd Sunday @ 4:00 p.m.

H & I (Hospitals & Institutions)

3rd Sunday @ 2:30 p.m.

P.R. (Public Relations)

3rd Sunday at 1:30 p.m.

Activities Committee

2nd Saturday after Addicts R Us Meeting

P&P (Policy & Procedures)

Time & Location to be announced at Area Meeting
All to be announced information and area events are also on our area website www.sfana.com

SUGGESTIONS:

Avoid people, places & things you used with/at.

Get and Use a sponsor.

Keep coming back, it works.

Come early and stay late.

90 meetings in 90 days.

Don't use and go to meetings.

Get and Use the phone numbers.

Get and Read the basic text.

Join a home group.

NAMES AND NUMBERS



NARCOTICS ANONYMOUS

MEETING DIRECTORY

SOUTHERN FOOTHILLS AREA

PO Box 713

Forest City, NC 28043

Belmont

Cramerton

Ellenboro

Forest City

Gastonia

Kings Mountain

Lincolnton

Shelby

AND SURROUNDING AREAS

October 2018

Helpline

1-866-997-9559

For more area information please visit:

www.sfana.com